

# REGISTRATION

**PLEASE PRINT**

*Illegible and incomplete applications will not be accepted.*

6

NAME

TELEPHONE NUMBER

STREET / ROUTE ADDRESS

CITY ST ZIP

Age as of November 5, 2011: \_\_\_\_\_

Sex: m M m F

Tee Shirt Size: m S m M m L m XL

*Register early to assure getting a tee shirt.*



I hereby declare that for myself and my heirs and executors that I will hold blameless the YMCA and all sponsors for any injury that may befall me as a result of my participation in the Louie Fields 5K Race. I furthermore certify that my physical condition is adequate to allow me to participate in an event of this strenuous nature.

SIGNATURE (Parent signature if under 18)

DATE: \_\_\_\_\_

— MAKE CHECKS PAYABLE TO —

## Danville YMCA

m 5K Run

m 5K Walk

m Children's 1 Mile Fun Run

(AGES 12 & UNDER)

— MAIL TO —

## Danville YMCA

810 Main Street  
Danville, VA 24541

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
Danville, VA  
Permit No. 53

**Danville YMCA**  
810 Main Street • Danville, VA 24541

Celebrating 25 Years!



IN CONJUNCTION WITH

**Danville YMCA Pancake Day**

**TWENTY FIFTH ANNUAL**

**Danville  
YMCA**



**LOUIE  
FIELDS  
5K RACE**  
DANVILLE, VA

**5K  
Run/  
Walk**  
& ONE MILE  
CHILDREN'S  
FUN RUN

**Sat., November 5, 2011**



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# OUR SPONSORS



Mark Holland  
Attorney at Law



# Louie Fields 5K Run/Walk & 1 Mile Children's Fun Run Saturday, November 5th, 2011

### ENTRY FEE:

#### 5K Run/Walk

- ▼ Before October 28.....\$15.00
- ▼ After October 28 .....\$20.00

#### Children's 1 Mile Fun Run

- ▼ Before October 28.....\$10.00
- ▼ After October 28 .....\$15.00

### STARTING TIME:

- ▼ 1 Mile Children's Fun Run 8 a.m.
- ▼ 5K Run/Walk 9 a.m.

### RACE BEGINS:

At the corner of Main Street & Chestnut Street  
(Up the street from the YMCA)

### RACE FINISHES:

At First Baptist Church parking lot.  
(Across from the YMCA)

### ELIGIBILITY:

- ▼ 5K Run/Walk  
Runners & Walkers of all abilities & speed
- ▼ 1 Mile Children's Fun Run  
Children ages 12 & under

### ENTREE FEE INCLUDES:

Dri-fit T-shirt to first 100 signed up, free "all you can eat" pancake breakfast, aid station, post race refreshments, splits and mailed results, upon request. All proceeds go to YMCA Youth Fund.

### AWARDS:

#### Runners - age groups

- ▼ First 3 Overall Finishers (M & F)  
First Overall Masters (M & F)
- ▼ First 3 Finishers in the following age groups:  
0-14, 15-19, 20-29, 30-39, 40-49,  
50-59, 60-69, 70 & over. (M & F)

#### Walkers - age groups

- ▼ First Overall Finishers (M & F)
- ▼ First 3 Finishers in age groups: 0-19,  
every 10 years to 69, 70 & up. (M & F)

#### One-Mile Fun Run - age groups

- ▼ First 3 Finishers: 12 & under
- ▼ Special Awards to all children 12 years and under.  
*NOTE: No duplication of overall and age group awards.*

### REGISTRATION & PACKET PICKUP:

- FRIDAY** 5 p.m. to 7 p.m. (YMCA)
- SATURDAY** 7 a.m. to 8 a.m. (YMCA)

### COURSE:

5K Run/Walk (3.1 miles) mostly flat and fast with short hill at the beginning. Start at the corner of Chestnut Street and Main, up from the YMCA.

FOR MORE INFORMATION  
Call **Wes Spivey** at the Danville YMCA.

**(434) 792-0621**

